

2000 MSHSL Section 8AA at Little Falls, Saturday, June 3, 2000

Teams: Alexandria 112, Sartell 80, Brainerd 71, Sauk Rapids 64, St Cloud Apollo 63 ½, Moorhead 53, Detroit Lakes 51, Rocori 39, Fergus Falls 32 ½, Crookston 31, Little Falls 28, Elk River 28, St Cloud Tech 26, Bemidji 15, Thief River Falls 4.

100 Meter Dash

- 1 Jesse Stowbridge, Brainerd(12) 11.27
- 2 Cassidy Glad, Rocori(11) 11.37
- 3 Jason Erickson, Alexandria(9) 11.38
- 4 Mark Munsterteiger, Brainerd(12) 11.42
- 5 Jon Olson, Detroit Lks(12) 11.61
- 6 Matt Hendricks, Bemidji(11) 11.62
- 7 Zach Mosher, Crookston(12) 11.64
- 8 Dan Waletzko, Sartell(1) 11.69

200 Meter Dash

- 1 Carson Glad, Rocori(11) 22.14
- 2 Jesse Stowbridge, Brainerd(12) 22.64
- 3 Jason Erickson, Alexandria(9) 22.81
- 4 Ryan Schuer, Little Falls(11) 23.21
- 5 Ricky Terpstra, Sartell(11) 23.34
- 6 Matt Gustafson, Alexandria(12) 23.48
- 7 Kerry Burns, Moorhead(12) 23.71
- 8 Ryan Manke, Detroit Lks(12) 23.80

400 Meter Dash

- 1 Mike Weiss, Brainerd(10) 49.99
- 2 Dusty Cossette, Fergus Falls(12) 50.19
- 3 Steve Hengel, Sartell(12) 50.66
- 4 Jaimie Mirramontes, Bemidji(11) 51.46
- 5 Lance Oehn, Elk River(12) 51.56
- 6 Jason Edwards, Fergus Falls(12) 51.57
- 7 Sam Trushenski, Sauk Rapids(11) 52.18
- 8 Jordan Talge, Moorhead(11) 52.28

800 Meter Run

- 1 Ryan Ford, SC Apollo(12) 1:55.65 **
- 2 Arom Stumvoll, Brainerd(12) 1:57.65
- 3 Mike Marschel, Sartell(12) 1:58.65
- 4 Craig Phillips, Rocori(12) 1:59.05
- 5 AJ Flom, Moorhead(11) 2:00.62
- 6 Lance Schuer, Little Falls(12) 2:00.89
- 7 Jeff Aasness, Moorhead(10) 2:02.10
- 8 Nate Haney, Sauk Rapids(9) 2:02.18

1600 Meter Run

- 1 Greg Gesell, Alexandria(12) 4:22.91
- 2 Aaron Bumgarner, Alexandria(12) 4:29.68
- 3 Andy Lang, Crookston(11) 4:32.92
- 4 Nick Klick, SC Tech(12) 4:37.52
- 5 Matt Hansen, Bemidji(10) 4:38.44
- 6 Tim Lindgren, Crookston(12) 4:40.26
- 7 Kevin Schneider, Fergus Falls(12) 4:41.37
- 8 Tyler Wickum, Detroit Lakes(10) 4:47.35

3200 Meter Run

- 1 Greg Gesell, Alexandria(12) 9:51.23
- 2 Tristan Christ, Alexandria(12) 9:53.63
- 3 Brian Wold, Elk River(9) 9:59.63
- 4 Eric Nelson, Alexandria(10) 10:09.05
- 5 Erik Ditlevson, SC Tech(12) 10:11.39

- 6 Austin DeArmond, Sauk Rapids(10) 10:13.11
- 7 Jason Thielen, Little Falls(9) 10:20.53
- 8 Adam Kopperud, Moorhead(10) 10:25.77

High Hurdles

- 1 Joe Schneider, Detroit Lks(11) 14.68
- 2 Scott Ferguson, Alexandria(12) 14.73
- 3 Matt Smiles, SC Apollo(12) 15.08
- 4 John Amble, Moorhead(12) 15.10
- 5 Ryan Friesen, Sartell(11) 15.27
- 6 Kiel Hart, Sauk Rapids(10) 15.62
- 7 Chris Lange, Elk River(11) 15.70
- 8 Mitch LaBorde, Sartell(11) 16.22

Intermediate Hurdles

- 1 Scott Ferguson, Alexandria(12) 38.58 **
- 2 John Amble, Moorhead(12) 39.23
- 3 Jared Lazer, Sauk Rapids(10) 39.93
- 4 Matt Smiles, SC Apollo(12) 40.12
- 5 Tom Vierkant, Detroit Lks(11) 40.30
- 6 Ryan Friesen, Sartell(11) 40.91
- 7 Jason Howard, Brainerd(11) 41.38
- 8 Joe Schneider, Detroit Lks(11) 41.39

4x100 Relay

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|---------------------|--------------------|
| 1 Detroit Lks 43.38 | 5 Alexandria 45.17 |
| 2 Sauk Rapids 43.38 | 6 Moorhead 46.02 |
| 3 Rocori 43.35 | dq Brainerd |
| 4 Sartell 44.51 | |

4x200 Relay

- | | |
|------------------------|-----------------------|
| 1 Brainerd 1:29.14 ** | 5 Sartell 1:32.65 |
| 2 Rocori 1:29.71 | 6 Bemidji 1:34.71 |
| 3 Detroit Lks 1:31.21 | 7 Sauk Rapids 1:37.13 |
| 4 Fergus Falls 1:32.51 | |

4x400 Relay

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|------------------------|------------------------|
| 1 Brainerd 3:25.29 | 5 Little Falls 3:28.86 |
| 2 Sartell 3:25.67 | 6 SC Apollo 3:31.70 |
| 3 Fergus Falls 3:26.48 | 7 Moorhead 3:32.82 |
| 4 Sauk Rapids 3:27.21 | 8 Alexandria 3:36.05 |

4x800 Relay

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|---------------------|------------------------|
| 1 SC Apollo 7:58.08 | 5 Alexandria 8:31.07 |
| 2 Sartell 8:00.92 | 6 Fergus Falls 8:48.92 |
| 3 Moorhead 8:05.40 | 7 SC Tech 9:06.03 |
| 4 Brainerd 8:29.50 | 8 Little Falls 9:14.48 |

Shot Put

- 1 Ben Smith, Little Falls(12) 52-0
- 2 Evan Patullo, Elk River(12) 49-8 ¼
- 3 Brandon Flicker, Sartell(12) 49-4 ¼
- 4 Rick Schultz, Alexandria(12) 48-8 ½
- 5 Trent Christensen, Thief Rvr Flls(10) 47-7
- 6 Dustin Moilanen, Brainerd(12) 46-9 ½
- 7 Mitch Cordes, Alexandria(12) 45-9
- 8 Shamus Funk, Moorhead(12) 44-8 ¾

Discus Throw

- 1 Rick Schultz, Alexandria(12) 152-2
- 2 Brandon Flicker, Sartell(12) 147-9
- 3 Evan Patullo, Elk River(12) 140-4
- 4 Rob Moore, Moorhead(10) 139-4
- 5 Jeff Painter, SC Tech(12) 138-0
- 6 Jake Stock, Sartell(11) 137-11
- 7 Jason Gertken, Rocori(12) 137-9
- 8 Kevin Krohnfeldt, Alexandria(12) 131-9

Long Jump

- 1 Zach Mosher, Crookston(12) 21-6
- 2 Mike Vigoren, Sartell(11) 20-10
- 3 Matt Morissette, SC Apollo(12) 20-8 ½
- 4 David Kelley, Sauk Rapids(10) 20-6 ½
- 5 Kerry Burns, Moorhead(12) 20-4 ¾
- 6 Ryan Lesnau, Alexandria(11) 20-1
- 7 Joel Korte, Elk River(10) 19-9 ½
- 8 Nathan Araskog, Sartell(10) 19-9

Triple Jump

- 1 Zach Mosher, Crookston(12) 44-0
- 2 John Chau, SC Apollo(12) 43-10 ¼
- 3 Paul Ferber, SC Tech(11) 43-10
- 4 Jeff McCabe, SC Apollo(11) 42-2
- 5 Jared Lazer, Sauk Rapids(10) 42-0
- 6 John Amble, Moorhead(12) 40-7
- 7 Kiel Hart, Sauk Rapids(10) 40-5 ¾
- 8 Matt Haws, Fergus Falls(11) 40-5

High Jump

- 1 John Paulson, Sauk Rapids(12) 6-7
- 2 Ryan Lesnau, Alexandria(11) 6-4
- 3 Kerry Burns, Moorhead(12) 6-4
- 4 Luke Draxten, Fergus Falls(11) 6-2
- 4 Jeff McCabe, SC Apollo(11) 6-2
- 6 Jesse Fagerland, Sartell(11) 6-2
- 7 David Kelley, Sauk Rapids(10) 6-0
- 8 Kerry Herdegen, Little Falls(11) 6-0

Pole Vault

- 1 Ryan Manke, Detroit Lakes(12) 14-0
- 2 Paul Gans, Sauk Rapids(11) 12-9
- 3 Abe Warnert, SC Apollo(11) 12-9
- 4 Garrett Ewers, SC Tech(12) 12-3
- 5 Jon Olson, Detroit Lks(12) 12-3
- 6 Mitch Hoihjelle, Sauk Rapids(12) 12-3
- 7 Quentin Plumski, Little Falls(9) 11-9
- 8 Matt Anderson, Sartell(9) 11-3

** Meet Record

Notes: Alexandria was coached by Jerry Amundson.